

PRP, shockwave therapy and physiotherapy for plantar fasciitis

PRP, shockwave therapy and exercise-based care

Working manuscript - publication status unverified

Source byline includes Peyman Bakhshayesh, MD, PhD, MBA; the complete coauthor list is not specified.

The draft combines original trials and meta-analyses. It requires an audit to prevent the same participants being counted more than once. No unverified pooled estimate or claim of superiority is reproduced in this summary.

Research question

How do PRP and extracorporeal shockwave therapy compare with physiotherapy-based care for persistent plantar heel pain?

Purpose and approach

Comparisons should consider both the treatments themselves and the accompanying rehabilitation. PRP preparation, shockwave type, treatment dose and follow-up duration differ across studies.

The source is an evidence-synthesis draft considering randomised trials and previously published meta-analyses. It proposes examining pain, function, plantar fascia imaging and adverse events.

Work needed before a complete paper

- Verify the search strategy, screening flow and included-study list.
- Define whether this is a review of trials, an umbrella review or a narrative synthesis.
- Check overlapping trial populations and match comparators to the research question.
- Complete references and reproduce analysis from verified extraction records.

Status note: An evidence-synthesis draft is available. A matching journal publication has not been verified.