

Shockwave therapy versus physiotherapy for Achilles tendinopathy

Insertional and midportion tendinopathy

Incomplete working manuscript - publication status unverified

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The source contains an unresolved participant-count placeholder and incomplete extraction fields. Its pooled numerical results cannot be treated as verified findings and are omitted from this summary.

Research question

Does extracorporeal shockwave therapy, alone or added to exercise, improve outcomes compared with physiotherapy or sham treatment in Achilles tendinopathy?

Purpose and approach

Insertional and midportion tendinopathy are distinct presentations. A useful synthesis should preserve these groups and account for differences in exercise programmes, shockwave protocols and follow-up.

The source describes a systematic review of randomised studies. It considers Achilles-specific function, pain and adverse events, with shockwave treatment used either alone or alongside exercise.

Work needed before a complete paper

- Resolve the total participant number and complete the extraction table.
- Verify all included trials, including disease location and comparator treatment.
- Complete risk-of-bias assessment and explain clinical and statistical heterogeneity.
- Recalculate effects using audited data and check longer-term outcomes.

Status note: The abstract contains an unresolved participant-count placeholder and the study table includes empty extraction fields.